

SCHOOL WELLNESS POLICY

At Huntertown Elementary, all students shall participate in moderate to vigorous physical activity each day as follows:

- Each student shall engage in at least 15 minutes of planned moderate to vigorous physical activity each day. This is part of supervised instruction. The arrangements must fit within the limits of our building and staffing and be compatible with our school improvement plan.
- Each student shall participate in physical education class 55 minutes each week.
- Teachers shall make all reasonable efforts to avoid extended periods of time when students are physically inactive. When possible, physical activity should be integrated into learning activities. When that is not possible, students should be given periodic breaks during which they are encouraged to stand and be moderately active.
- Appropriate accommodations shall be made for students with special needs, as required by law and sound professional judgment.

Huntertown Elementary shall assess students' level of physical activity at least once a year. The council shall select an assessment tool by the start of each school year, and the principal shall develop a schedule for completing that assessment.

Our school shall encourage healthy choices among students using the following methods:

- Our Practical Living curriculum shall address the full Core Content, including health, consumerism, and physical education.
- The rest of our curriculum shall reflect an integrated concern for wellness, including connections to Science, Social Studies, and other subjects.